### DEVELOPING AND SUSTAINING A Sexual Assault Response Team (SART)

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#### **AGENDA**

- Why is a team needed?
- Who is on the team?
- Goals of a SART
- Current responses to sexual assault cases
- Collaboration
- Victim advocates
- Challenges
- Differing advocacy
- Overcoming barriers
- Training wrap-up: Next steps



#### WHY A TEAM?

- WHO is on the TEAM?
- What are we supposed to do?
- Who decides all this?

### WHY A TEAM?

The multi-disciplinary case management group shall be convened by the SARC,...on a monthly basis to review individual cases, facilitate monthly victim updates and ensure system coordination, accountability, and victim access to quality services... *DoDI 6495.02*, *E7.1.1* 

- An installation/unit where professionals don't talk to one another is in trouble.
- Group decision making invests people in the success of the project at hand.

#### WHO IS ON THIS TEAM?

- Commander
- Sexual Assault Response Coordinator (SARC)
- Victim Advocate (VA/UVA)
- MCIOs/Law Enforcement (LE)
- Command Legal Representative
  - Victim Witness Assistance Personnel (VWAP)
- Chaplain
- Healthcare personnel

#### **GOALS OF A SART**

- To afford victims prompt access to comprehensive immediate care
- Minimize trauma
- Access to installation/local civilian resources
- Facilitate the collection and documentation of evidence as well as all the actions required for a timely and thorough investigation in a way that is respectful to victims

#### **OTHER SART ACTIVITIES**

- Ongoing (monthly?) case management and review
- Development of protocols and MOU's
- Multi-disciplinary training
- Systems review to improve the overall SART performance
- Collecting information and surveys on victim satisfaction
- Coordinating publicity and public awareness
- Defining and evaluating success of the SART

# ROUNDTABLE DISCUSSION OF CURRENT RESPONSES TO SEXUAL ASSAULT CASES

#### HYPOTHETICAL SEXUAL ASSAULT CASE

TODAY, how would typical sexual assault –related personnel respond to this victim?

- Commander
- SARC
- VA/UVA
- MCIOs/LE
- Command Legal Representative
- Chaplain
- Healthcare personnel

#### **UNDERSTANDING COLLABORATION**

#### WHAT IS COLLABORATION?

- Collaboration is frequently misunderstood.
- Everyone thinks they're doing it!
- This is because the term "collaboration" is mistakenly used to describe individual and office relationships at varying stages of development.

Offices and individuals actually engage in four very different levels of joint activity.

- Networking
- Coordinating
- Cooperating
- Collaborating

A bit more on each of these...

Himmelman, A., Collaboration For a Change: Definitions, Models, Roles, and a Guide to Collaborative Processes. 1994



#### **NETWORKING**

The simplest form of joint activity – the exchange of information for mutual benefit.

#### **COORDINATING**

Refers to the exchange of information and the altering of activities for mutual benefit.



#### **COOPERATING**

Reaches beyond these concepts, bringing with it a much higher level of commitment and responsibility.

#### **COLLABORATING**

Expands the definition of "coordinating" to include not only the exchange of information, but also the sharing of resources for mutual benefit.

#### **COLLABORATION IS BEST DEFINED AS...**

"A process through which parties can see different aspects of a problem, can constructively explore their differences and search for solutions that go beyond their own limited version of what is possible."

Gray, B., Collaborating: Finding Common Ground for Multi-Party Problems. 1989: Jossey Bass.

- Therefore, in addition to exchanging information, altering activities, and sharing resources, collaboration enhances the capacity of another for mutual benefit and to achieve a common purpose.
- Groups that achieve this are truly collaborating.



For collaborative teams to be effective, they must:

• Have diverse membership by representing all the stakeholders who can impact, or are impacted, by the issue.

- Have a "Champion," an individual of significant stature and/or authority to bring others to the table and keep them there; someone who has an understanding of the problem or issue and can envision an effective solution.
- Have sufficient staffing support
- By group members or others outside of the group to carry out the work

#### TRAITS OF COLLABORATING TEAMS

- A clear and elevating goal
- Principled leadership
- A results driven structure
- Competent team members
- A unified commitment
- Standards of excellence/care
- A collaborative climate
- External support and recognition

#### **DEVELOP A COLLECTIVE MISSION**

To work together across disciplinary boundaries, in order to coordinate and improve the military response to sexual assault.

#### **COLLABORATIVE OUTCOMES**

- Increased knowledge and understanding, leading to better decisions and greater political support
- Resource sharing rather than competition for resources
- Effective system change

#### **KEY POINTS**

- The collaborative process demands constant attention and nurturing.
  - Without this, these processes often fail.
- Collaboration is time and resource intensive.
  - Should be viewed as an important investment in issues that concern a cross-section of interest and require broad support for successful implementation.
- It is essential to include the right people/ offices/interests in the collaborative process.
- For the collaborative approach to succeed, adequate supports must be in place

#### **SART VICTIM ADVOCATES**

#### Provide

- Accompaniment
  - Hospital
  - Court
- Crisis Intervention
- Follow-up Services
  - Medical
  - Counseling appointments
- Advocacy
- Resources/Information



#### **SART VICTIM ADVOCATES**

- Acts as liaison for victim/survivor
- Facilitates access to ongoing services
- Empowers
   victims/survivors to
   make informed choices
- Remain victim-centered at all times



#### **ADVOCATES ARE NOT ALL THE SAME**

#### Military Advocates

- SARCs
- VAs
- VWAP

#### Local Civilian Advocates

- Rape Crisis Advocate
- Hospital Advocate
- Community Group Advocates
- Legal Advocate/Lawyer

With the survivor's permission, advocates will work with:

- SARC
- Unit leaders
- Healthcare personnel
- MCIOs/LE
- Victim/Witness
- Family, friends



#### CHALLENGES:

#### **DIFFERENT AGENDAS**

- Advocates
  - Victim is a "survivor"
  - Believes and supports the "survivor" whether she/he chooses an Unrestricted or Restricted report
- Cdrs/JAGs/MCIOs/LE
  - Does the case meet issuing guidelines?
  - Can a court-martial panel be convinced?
  - Sexual assault cases are unpopular

### DIFFERING ADVOCACY: INSTALLATION vs. SYSTEMS

- Installation Based
- Independent of Criminal Justice System
- Confidentiality
- On-Going Support
   Regardless of Participation in

   Prosecution

- JAG/MCIO/Law Enforcement Based
- Criminal Justice System
   Oriented
- No Confidentiality (generally)
- Supports/Facilitates
   Participation in Prosecution

#### **MULTI-DISCIPLINARY RESPONSES**

Successful investigation of a sexual assault requires multiple officers, outside resources, and clear communication with every member of the team.



# BARRIERS TO VICTIM SERVICE COLLABORATION

# BARRIERS TO VICTIM SERVICES COLLABORATION

Theory versus application

EXAMPLE: In an effort to decrease potential trauma to victims, officers have been directed not to interview victims and to immediately transport survivors to hospitals

Reality

MCIOs/LE has to determine what crime(s) occurred; identify and interview witnesses; detain and arrest suspect(s), secure crime scene and gather evidence, etc.

#### **BARRIERS TO VICTIM SERVICES COLLABORATION**

- Competition for scarce resources
- Differences in professional mission
  - SARC: "The Defense counsel wants me to turn over all of my case files."
- Perceptions that advocates are "out to get" other professionals
- Lack of appreciation or understanding of MCIO/law enforcement role

#### **BARRIERS TO VICTIM SERVICES COLLABORATION**

- Prior conflict
- Anticipation of future conflict
- Lack of feedback on case outcomes
- Frustration with low prosecution rates
- Misperception of false reports

- Systems need to be designed so that SARCs/advocates can respond to the field
- Collaborators need to understand the role and responsibilities of MCIOs/law enforcement
- Standards of care and protocols have to be realistic or redesigned
- Each installation is different depending on resources available

#### **UNDERSTANDING ROLES AND BOUNDARIES**

- MCIOs
  - Fact finder
  - Investigates the case
  - Determines what happened based on evidence & statements
  - Submits case to Command
    - Impact on good order and discipline
    - If elements are met
    - If the victim is able to participate

- Advocate
  - Provides emotional support for the victim, which allows the investigator to concentrate on the case
  - Liaison for resources
  - Accompaniment

- MCIOs may believe the advocate is there to catch them doing something wrong
- Advocates need to understand that most investigators want to do the right thing
- MCIOs/LE needs to understand that the role of the advocate is to provide unconditional support
- Collaborators need to develop protocols in advance
- We're not always going to agree
- Use positive messages to teach

- Basic operating principles for SART members
  - What is best for the victim and in the best interest of the command?
  - A commitment to the SART approach
  - Understanding that mistakes and conflicts are expected
  - Understand that problems/conflict are opportunities for improvement

- Protocols and constructive methods for resolving mistakes and disagreement will be developed in response to problems
- Problems will be addressed and not be allowed to continue unresolved
- Always take a constructive approach, no matter how difficult the problem
- Understand the difference between immediate resolution and long term



Making a Difference: Collaborative Teamwork

SARTs work collaboratively to ensure provision of quality victim/survivor sensitive services



**SUCCESS** 

# TRAINING WRAP-UP: "NEXT STEPS"



### NEXT STEPS" FOR DEVELOPING A SART

- Identify and invite participation of relevant individuals;
- Conduct monthly SARBs;
- Spend some time educating each other about roles and divergent goals;
- Secure training in SART and/or facilitation if necessary
- Set some ground rules and stick to them.

## "NEXT STEPS:" PREPARING PROTOCOLS FOR COLLABORATION

- Identify topics to be addressed.
- Give assignments.
- Encourage discussion.
- Stay within the parameters of your purpose.
- Avoid unrelenting revisions to written documents that will need to evolve over time.



# NEXT STEPS: PRUTUCUL IMPLEMENTATION

- Who needs to bless this protocol to make it official? i.e. the Commander
- How do you distribute and to whom?
- Training is critical!
- Encourage feedback
- Bring the team together and review the success of the protocol
- What needs to be changed?



### **Questions?**

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